|  |  |
| --- | --- |
| **ДЕКАБРЬ** | **ЯНВАРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **30** | **31** | **1** | **2** | **3** | **4** | **5** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ЯНВАРЬ** | **ЯНВАРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ЯНВАРЬ** | **ЯНВАРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ЯНВАРЬ** | **ЯНВАРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ЯНВАРЬ** | **ФЕВРАЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **27** | **28** | **29** | **30** | **31** | **1** | **2** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ФЕВРАЛЬ** | **ФЕВРАЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **3** | **4** | **5** | **6** | **7** | **8** | **9** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ФЕВРАЛЬ** | **ФЕВРАЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **10** | **11** | **12** | **13** | **14** | **15** | **16** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ФЕВРАЛЬ** | **ФЕВРАЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ФЕВРАЛЬ** | **МАРТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **24** | **25** | **26** | **27** | **28** | **29** | **1** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАРТ** | **МАРТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАРТ** | **МАРТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАРТ** | **МАРТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАРТ** | **МАРТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАРТ** | **АПРЕЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **30** | **31** | **1** | **2** | **3** | **4** | **5** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АПРЕЛЬ** | **АПРЕЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АПРЕЛЬ** | **АПРЕЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АПРЕЛЬ** | **АПРЕЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АПРЕЛЬ** | **МАЙ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **27** | **28** | **29** | **30** | **1** | **2** | **3** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАЙ** | **МАЙ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАЙ** | **МАЙ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАЙ** | **МАЙ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **МАЙ** | **МАЙ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮНЬ** | **ИЮНЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮНЬ** | **ИЮНЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮНЬ** | **ИЮНЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮНЬ** | **ИЮНЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮНЬ** | **ИЮЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **29** | **30** | **1** | **2** | **3** | **4** | **5** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮЛЬ** | **ИЮЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮЛЬ** | **ИЮЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮЛЬ** | **ИЮЛЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ИЮЛЬ** | **АВГУСТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **27** | **28** | **29** | **30** | **31** | **1** | **2** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АВГУСТ** | **АВГУСТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **3** | **4** | **5** | **6** | **7** | **8** | **9** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АВГУСТ** | **АВГУСТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **10** | **11** | **12** | **13** | **14** | **15** | **16** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АВГУСТ** | **АВГУСТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АВГУСТ** | **АВГУСТ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **24** | **25** | **26** | **27** | **28** | **29** | **30** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **АВГУСТ** | **СЕНТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **31** | **1** | **2** | **3** | **4** | **5** | **6** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **СЕНТЯБРЬ** | **СЕНТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **СЕНТЯБРЬ** | **СЕНТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **СЕНТЯБРЬ** | **СЕНТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **СЕНТЯБРЬ** | **ОКТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **28** | **29** | **30** | **1** | **2** | **3** | **4** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ОКТЯБРЬ** | **ОКТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ОКТЯБРЬ** | **ОКТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **12** | **13** | **14** | **15** | **16** | **17** | **18** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ОКТЯБРЬ** | **ОКТЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **19** | **20** | **21** | **22** | **23** | **24** | **25** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ОКТЯБРЬ** | **НОЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **26** | **27** | **28** | **29** | **30** | **31** | **1** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **НОЯБРЬ** | **НОЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **НОЯБРЬ** | **НОЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **НОЯБРЬ** | **НОЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **НОЯБРЬ** | **НОЯБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **НОЯБРЬ** | **ДЕКАБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **30** | **1** | **2** | **3** | **4** | **5** | **6** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ДЕКАБРЬ** | **ДЕКАБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ДЕКАБРЬ** | **ДЕКАБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ДЕКАБРЬ** | **ДЕКАБРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **ДЕКАБРЬ** | **ЯНВАРЬ** |
|  | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2020** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **28** | **29** | **30** | **31** | **1** | **2** | **3** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** | **ДЕНЬ** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |