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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **31** | **1** | **2** | **3** | **4** | **5** | **6** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **28** | **29** | **30** | **31** | **1** | **2** | **3** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **25** | **26** | **27** | **28** | **1** | **2** | **3** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **29** | **30** | **1** | **2** | **3** | **4** | **5** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **27** | **28** | **29** | **30** | **31** | **1** | **2** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **3** | **4** | **5** | **6** | **7** | **8** | **9** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **10** | **11** | **12** | **13** | **14** | **15** | **16** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **24** | **25** | **26** | **27** | **28** | **29** | **30** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **29** | **30** | **31** | **1** | **2** | **3** | **4** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **12** | **13** | **14** | **15** | **16** | **17** | **18** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **19** | **20** | **21** | **22** | **23** | **24** | **25** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **26** | **27** | **28** | **29** | **30** | **31** | **1** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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|  | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** | **ВЕЧЕР** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **СЕНТЯБРЬ** | **ОКТЯБРЬ** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **30** | **1** | **2** | **3** | **4** | **5** | **6** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **28** | **29** | **30** | **31** | **1** | **2** | **3** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **25** | **26** | **27** | **28** | **29** | **30** | **1** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
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| **9** | **10** | **11** | **12** | **13** | **14** | **15** |
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| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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| **2019** | **ПОНЕДЕЛЬНИК** | **ВТОРНИК** | **СРЕДА** | **ЧЕТВЕРГ** | **ПЯТНИЦА** | **СУББОТА** | **ВОСКРЕСЕНЬЕ** |
| **30** | **31** | **1** | **2** | **3** | **4** | **5** |
| **ЗАМЕТКИ** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** | **УТРО** |
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